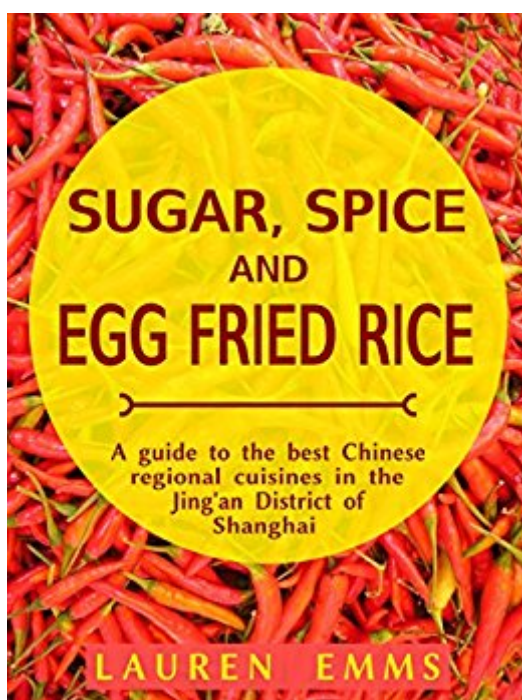


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# Sugar, Spice And Egg Fried Rice: A Guide To The Best Chinese Regional Cuisines In The Jing'an District Of Shanghai (Served In Shanghai Book 1)



## Synopsis

Sugar, Spice and Egg Fried Rice Here is a foodies' guide to unveiling the unimaginable wealth of Chinese cuisine, all from within Shanghai's Jing'an district. This culinary journey takes hungry travellers to some of the most authentic and finest restaurants in the city, each representing a unique Chinese regional cuisine. Exploring the interwoven fusion of Chinese culture and cookery, you can uncover the history and time-honoured secret recipes of Shanghai's diverse kitchens. Whether you are travelling alone, with family and friends or on business; Sugar, Spice and Egg Fried Rice equips you with addresses in Chinese for taxis, order recommendations, reservation tips, restaurant reviews and a huge amount of insight to show-off as you enjoy your meal!

## Book Information

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## Customer Reviews

I love it. Lauren Emms has a lively writing style and her obvious pleasure at dining in these restaurants is very engaging. I shall certainly be visiting her recommendations on my next visit to Shanghai. I like her inclusion of the addresses in Mandarin characters. That will be very useful to show the taxi drivers on my smartphone or kindle. I look forward to her next book in the series.

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